

June 2021

Harmony Hill Activity Calendar

Seniors Month – Stay Safe, Active & Connected.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>PROGRAM NOTES</p> <p>This is your 2-week Covid Calendar. Mid June we will put out another calendar for the last couple weeks of June.</p> <p>Computer Help Call #564 to book a slot.</p> <p>Fitness one to one ** Seniors month fitness focus with Kelly call #564 to book: Yoga & Relaxation Breathing</p>	<p>** Seniors Month Donuts. Coffee. Chat! Let's stay connected. Watch for the Donut Cart coming your way. If you're not home when we stop by come to the Activity Room to pick one up. While supplies last.</p> <p>World Environment Week. Play the "Restore the Planet" game at the Activity Table. Make your pledge to help the environment.</p>	<p>1</p> <p>Andy Griffiths birthday. Complete the Andy Griffith show trivia for a prize.</p> <p>Global Day of Parents <i>Please share some parenting advice at the Activity table in the foyer?</i></p> <p>10:00 Bingo package pickup at concierge.</p> <p>9:30 – 11am Donuts, Coffee & Tea Cruising Cart to Orchard. We travel 4th floor to 1st, in that order.</p>	<p>2</p> <p>Leave it to Beaver's birthday App day! <i>Find a list of great apps for your phone or tablet at the Activity Table.</i></p> <p>Submit bingo wins before 9:00am AR</p> <p>9:30 – 11am Donuts, Coffee & Tea Cruising Cart to Grove. We travel 4th floor to 1st, in that order.</p> <p>4-5pm Pickup bingo winnings round 1 & purchase bingo cards round 2 AC</p>	<p>3</p> <p>Dunkirk Day. <i>Watch the movie "Dunkirk" on Netflix. Brief history at the Activity Table.</i></p> <p>9:00 Bingo package pickup at concierge</p> <p>9:30 – 11am Donuts, Coffee & Tea Cruising Cart to Forest. We travel 4th floor to 1st, in that order.</p>	<p>4</p> <p>Hug your cat day. Have a cat? Let us know at #564. We will take your picture with your furry friend to share on social media.</p> <p>**2:00-3pm Harmony Hill Farmers Market. \$\$ Sign up to browse our selection from Pingles Farm. Limited Supplies so book your slot fast. CY</p>	<p>5</p> <p>World Environment Day. Check out all the "Restore the Planet" pledges by the Activity Table.</p> <p>Submit bingo wins before 9am Saturday AR</p> <p>3-4pm Pickup bingo winnings round 2 AR</p>
<p>6</p> <p>**HH Talent Video We are making a video of our talented residents. Stay connected & watch the HH Idol video on Friday. Book a time to view #564</p> <p>Fitness one to one ** Seniors month fitness focus with Kelly call #564 to book: Drumming Fitness</p>	<p>7</p> <p>Thank God it's Monday! <i>We don't usually say that on Monday. Tell someone you are thankful for them today.</i></p> <p>2:00 – 4pm "Walk in Movie" on the big screen with popcorn. For a household or an individual. Book a slot #564 TH</p> <p>4 –5pm Purchase bingo cards round 1 AR</p>	<p>8</p> <p>World Oceans Day. <i>Paint an ocean scene tutorial. Everything you need in the Activity Room. Book a slot #564</i></p> <p>10:00 Bingo package pickup at concierge.</p> <p>2-4pm Old Fashioned Candy Cruising Cart to Orchard</p>	<p>9</p> <p>Sun Safety **See the sun safety info sheet at the Activity Table.</p> <p>Submit bingo wins before 9:00am AR</p> <p>2-4pm Old Fashioned Candy Cruising Cart to Grove</p> <p>4-5pm Pickup bingo winnings round 1 & purchase bingo cards round 2 AR</p>	<p>10</p> <p>Prince Philips & Judy Garlands birthday. **See the cyber safety info sheet at the Activity Table.</p> <p>9:00 Bingo package pickup at concierge</p> <p>2-4pm Old Fashioned Candy Cruising Cart to Forest</p>	<p>11</p> <p>***HH Talent Video Sign up to watch the Harmony Hill talent video. Call #564</p> <p>**2:00-3pm Harmony Hill Farmers Market. \$\$ Sign up to browse our selection from Pingles Farm. CY</p>	<p>12</p> <p>Submit bingo wins before 9am Saturday AR</p> <p>3-4pm Pickup bingo winnings round 2 AR</p>

Note

For **Senior's month** keep your eyes open for **which will focus on the theme "stay safe, active and connected".

June 1st, **Global Day of Parents** – We will compile your parenting advice to share on our social media page. If we receive many responses, we will make a small booklet that can be shared more broadly so that newer parents can benefit from your wisdom.