

December 2021

Harmony Hill Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Sign up for ALL programs at HSq (2nd floor) Saturday, 11am – 3pm. After 3pm sign-up sheets are available in the Activity Room binder on the small desk.</p> <p>Movie – Your Choice any evening. Please see Concierge.</p> <p>News Item!!!</p> <p>9-11 Fridays – Continental Breakfast in Bistro!</p>	<p>Find where you are going here.</p> <p>Main Floor P—Pool B—Bistro L—Library LB—Lobby</p> <p>Other SPL – South Parking Lot. MPR – Forest Multipurpose Room</p>	<p>Second Floor AR—Activity Room TH—Chapel/Theatre BL—Bar Lounge DF – Dance Floor BR—Billiards Room GH—Green House HSQ -Harmony Square around the staircase</p>	<p>1</p> <p>10 Giant Tiger & Waltzing Weasel Lunch</p> <p>9:30/10:30 Fitness AR 1:00 Christmas LB Decorating 2:30 Bingo AR/ HSq 3:30 Christmas Carols HSq 7:30 Chair Yoga TH 7:30 Rummoli BL</p>	<p>2</p> <p>12pm Miracle on Queen Street at Capital Theatre & Dinner at Railside Inn \$\$</p> <p>9-9:30 Aerobics – Video TH 10:30 Falls Prevention TH 1:00 Christmas Décor HSq 2:30 Karaoke with Lou TH 3:30 Explore the Bible TH 3:30 Social Time \$\$ BL 3:30 Knit & Craft Circle GH 4:00 Computer Help AR 7:15 Card Bingo BL</p>	<p>3</p> <p>9:30/10:30 Fitness AR 2:30 Bingo AR/ HSq 2:00 Hot Chocolate Bar BL 3:30 Christmas Cookie AR Baking (fundraising) 3:30 Fit Minds GH 4:00 Computer Help AR 7:30 Pub with Art L. HSq</p>	<p>4</p> <p>Outdoor Whitby Christmas Market, live music.</p> <p>11-3 Arbonne Vendor</p> <p>Sign up Sheets out at 11am</p> <p>10:00 Billiards BR 10:30 Air Hockey BL 3:30 Card Games – Your Choice BL 3:30 Knit & Craft Circle GH 3:45 Andre Reil TH 7:30 Movie TH</p>
<p>5</p> <p>10 & 11: Orono United Church Service TH 2:30 Gaither Vocal Band – "Sometimes It Takes a Mountain" TH Christmas Raffles AR Available daily in Activity Room. Draw will be December 20th at 3:30 in HSq.</p>	<p>6</p> <p>9:30/10:30 Fitness AR 2:30 Bingo AR/ HSq 2:15 Christmas Movie TH 3:30 5 Cent LRC BL 3:30 Gingerbread Decorating Social. Best house wins! AR 4:00 Computer Help AR 7:15 Bridge BL</p>	<p>7</p> <p>9 – 9:30 Aerobics – Video TH 10:00 Latino Zumba DF 10:30 Falls Prevention TH 2:30 Nightinggals BL Singers & Icecream Sundaes 2:30 Catholic Mass TH 3:30 Christmas Cookie AR Baking Demo with Nelson 3:30 Happy Hour \$\$ BL 7:15 Triominos BL</p>	<p>8</p> <p>Winners & Walmart 11-3pm Bling it On</p> <p>9:30/10:30 Fitness AR 2:15-3:30 New resident orientation Orchard/Grove GH 2:30 Bingo AR/ HSq 3:30 Christmas Carols HSq 7:30 Chair Yoga TH 7:30 Rummoli BL</p>	<p>9</p> <p>10am Hope's Christmas Barn Market / 4pm Bistro 238 Dinner & Christmas Lights Tour</p> <p>9 -9:30 Aerobics – Video TH 10:00 Euchre BL 10:30 Falls Prevention AR 2:15-3:30 New resident orientation- Forest 2:00 Art with Mary GH 3:30 Knit & Craft Circle GH 3:30 Social Time \$\$ BL 7:00 Euchre HSq</p>	<p>10</p> <p>7pm Calvary Baptist Christmas Concert</p> <p>9:30/10:30 Fitness AR 2:30 Red & Green Christmas Party. Wear red or green. Treats for all. Bring a generic wrapped gift for a game \$10 limit (optional). 3:30 Reindeer Races \$\$ BL 7:30 Pub with Steve McCullough HSq</p>	<p>11</p> <p>Sign up Sheets out at 11am</p> <p>10:00 Billiards BR 10:30 Air Hockey BL 2:30 Bingo AR/ HSq 3:30 Knit & Craft Circle GH 3:30 Afternoon Show TH</p>
<p>12</p> <p>12 Days of Christmas Starts Tuesday the 14th!</p> <p>10 & 11: Orono United Church Service TH</p>	<p>13</p> <p>11-3pm Ez Fit Shoes</p> <p>9:30/10:30 Fitness AR 2:30 Bingo AR/ HSq 2:15 Christmas Movie TH 3:45 5 Cent LRC BL 6:00 Computer Help AR 7:30 Oshawa Civic Band Xmas performance HSq</p>	<p>14</p> <p>Wear Christmas socks!</p> <p>9 – 9:30 Aerobics – Video TH 10:30 Falls Prevention TH 2:15 Reflexology Seminar TH 2:30 Christmas Stories with Durham Storytellers BL 3:30 Happy Hour \$\$ BL 7:15 Triominos BL</p>	<p>15</p> <p>Jingle Bells Day – Wear bells</p> <p>2pm Walmart Outing</p> <p>9:30/10:30 Fitness AR 2:30 Bingo AR/ HSq 3:30 Christmas Carols HSq 7:30 Chair Yoga TH 7:30 Rummoli BL</p>	<p>16</p> <p>Wear Your PJ's Day!</p> <p>1:30 Nebs Bowling / 7pm Hot Chocolate & Christmas Lights</p> <p>9-9:30 Aerobics – Video TH 10:00 Euchre BL 10:30 Falls Prevention TH 3:30 Explore the Bible TH 3:30 Social Time BL 3:30 Knit & Craft Circle GH 4:00 Computer Help AR 7:15 Card Bingo BL</p>	<p>17</p> <p>Christmas Hat Day!</p> <p>9:30/10:30 Fitness AR 2:30 Hand Wax Therapy HSq 3:30 Christmas Cookie AR Baking (fundraising) 3:30 Hand Wax Therapy GH 4:00 Computer Help AR 7:30 Pub- Jeanette D HSq</p>	<p>18</p> <p>Wear your fav Holiday Shirt</p> <p>Sign up Sheets out at 11am</p> <p>10:00 Billiards BR 2:00 Christmas Manicures \$ Mocktails GH 3:30 Knit & Craft Circle GH 3:45 Afternoon Show TH 7:30 Movie TH</p>

December 2021

Harmony Hill Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19</p> <p>Plaid Shirt Day! 10 & 11: Orono United Church Service TH</p> <p>2:30 Christmas Carols HSq</p> <p>Find the Reindeer on the Shelf and let us know for a chance to win! It will be in a different location around HSq 1st or 2nd floor each day. Call #564</p>	<p>20</p> <p>Elf Day – dress like an Elf 1:30 Ajax Casino Outing</p> <p>9:30/10:30 Fitness AR 2:15 Christmas Movie TH Monday 2:30 Bingo AR/ HSq 3:45 Simone & Batsirai Music Performance HSq 3:30 5 Cent LRC GH 4:00 Computer Help AR 7:15 Bridge BL</p>	<p>21</p> <p>1st Day of Winter-wear blue</p> <p>9-9:30 Aerobics – Video TH 10:00 Latino Zumba DF 10:30 Falls Prevention TH 2:30 Card Bingo AR 2:30 Art with Mary GH 2:30 Catholic Prayers TH 3:30 Happy Hour \$\$ BL 7:15 Triominos TH</p>	<p>22</p> <p>Christmas Sweater Day!</p> <p>9:30/10:30 Fitness AR 2:15-3:30 New resident orientation Orchard/Grove GH 1-4 Resident & Staff Social HSq 7:30 Chair Yoga TH 7:30 Rummoli BL</p>	<p>23</p> <p>Wear Christmas Jewelry 9:30 Shoppers & Banks 7pm Hot Chocolate & Christmas Lights Tour</p> <p>9 – 9:30 Aerobics – Video TH 10:30 Falls Prevention AR 2:15-3:30 New resident orientation- Forest (Forest Multi-purpose room) 2:30 Java Music Club TH 3:30 Social Time BL 4:00 Computer Help AR 7:00 Euchre HSq</p>	<p>24</p> <p>Dress like Santa Day. 9:30/10:30 Fitness AR 2:30 Family Christmas with the Desmond’s. Hot chocolate and cookies & special guest! HSq 3:30 Games – you choose BL 3:30 5 Cent LRC BL 3:30 Christmas Show TH 7:30 Christmas Movie HSq</p>	<p>25</p> <p>Holiday Best – wear your favorite holiday outfit. <i>Grab a puzzle in Foyer</i> Sign up Sheets out at 11am 10:00 Billiards BR 10:30 Air Hockey BL 3:00 Knit & Craft Circle GH 3:45 Afternoon Show TH 7:30 Movie TH</p>
<p>26</p> <p>Puzzles & Activities on table in foyer.</p> <p>10 & 11: Orono United Church Service TH 2:30 Holiday Movie TH</p>	<p>27</p> <p>11-3pm Nelly’s Shoes</p> <p>9:30/10:30 Fitness AR 2:30 Bingo AR/ HSq 3:30 5 Cent LRC GH 4:00 Computer Help AR 7:15 Bridge BL</p>	<p>28</p> <p>9-9:30 Aerobics – Video TH 10:30 Falls Prevention TH 2:30 Euchre AR 2:15 Fit Minds GH 3:30 Happy Hour \$\$ BL 3:45 Afternoon Show TH 7:15 Triominos TH</p>	<p>29</p> <p>9:30/10:30 Fitness AR 2:15-3:30 New resident orientation Orchard/Grove GH 2:30 Bingo BL/AR 3:45 Colouring & Cocktails BL 7:30 Chair Yoga TH 7:30 Rummoli BL</p>	<p>30</p> <p>1:30pm Nebs Bowling</p> <p>9 – 9:30 Aerobics – Video TH 10:30 Falls Prevention TH 2:15-3:30 New resident orientation- Forest (Forest Multi-purpose room) 3:30 Social Time BL 3:30 Explore the Bible TH 4:00 Computer Help AR 7:15 Card Bingo BL</p>	<p>31</p> <p>2:30 Card Bingo BL 3:30 -5:00 Games-you choose BL 8-10 New Years Eve Party with Brian G. HSq <i>*Tickets required. Apps, party favours, champagne!</i> 11pm New Years Eve Show & Count down. L / TH</p>	<p>1</p> <p>HAPPY NEW YEAR!</p> <p>2022</p>